

2010 OC CrossFit Throwdown

Division	Heat	NAME	Affil.	Wod1	Wod2	Wod3	Wod4	Points		Points	Points	Points	Total	W1	W2	W1+W2	W3	W 1+2+3	W4	Total
								Wod 1	Wod 2	Wod 1+2										
MRX	11	Max Fernandez	CF South C	9:28	5:31			2	3	5				2	3	1				
MRX	11	Gary Baron	None	10:11	5:30			5	2	7				5	2	2				
MRX	8	Ronnie Tiesdale		9:14	6:21			1	7	8				1	7	3				
MRX	11	Storm Huie	CF 360	9:38	6:13			3	6	9				3	6	4				
MRX	7	Taylor Smith	US CF	12:09	5:29			12	1	13				12	1	5				
MRX	11	Jonathon Markovich	Primitive Cf	10:26	6:41			6	10	16				6	10	6				
MRX	9	Caleb Medley	CF South C	9:55	6:56			4	15	19				4	15	7				
MRX	10	Bryan Wadkins	Canyon CF	11:22	6:49			9	11	20				9	11	8				
MRX	11	Josh Snider	CF Inferno	12:40	6:02			17	4	21				17	4	9				
MRX	11	Kevin Seiff		10:40	6:53			7	14	21				7	14	9				
MRX	11	Evan Samuel	CF 714	12:24	6:38			14	9	23				14	9	11				
MRX	9	Michael Ryan	MaxFit USA	13:04	6:06			20	5	25				20	5	12				
MRX	10	Paul Gregrow	CF South C	11:25	7:17			10	16	26				10	16	13				
MRX	10	Eric Song	Canyon CF	12:00	7:30			11	17	28				11	17	14				
MRX	9	Rob Mortow		13:14	6:49			21	11	32				21	11	15				
MRX	11	Justin Arnest		13:39	6:52			22	13	35				22	13	16				
MRX	11	Lamarr Smith	NLP	12:55	7:38			18	19	37				18	19	17				
MRX	7	Andrew Garcia	NLP	10:53	DNF			8	30	38				8	30	18				
MRX	10	Alec Hanson	CF Costa M	12:20	DNF			13	30	43				13	30	19				
MRX	9	Chadwick Walker	CF Costa M	15:11	6:25			36	8	44				36	8	20				
MRX	11	Ron Althouse	OCCF	12:37	DNF			15	30	45				15	30	21				
MRX	10	Jeremiah Purdum	CF Costa M	14:11	7:50			26	20	46				26	20	22				
MRX	10	Ryan Hoegner	CF 714	13:58	8:21			24	22	46				24	22	22				
MRX	9	Mike Cuopman		12:39	DNF			16	30	46				16	30	22				
MRX	9	Efren Rangel	CF 360	13:45	8:43			23	24	47				23	24	25				
MRX	7	Gary Moore	Iron Edge C	14:21	8:08			27	21	48				27	21	26				
MRX	10	Glenn Doherty		14:07	8:30			25	23	48				25	23	26				
MRX	8	Kris Ulibarri	NLP	13:00	DNF			19	30	49				19	30	28				
MRX	11	Andre Pechong	OCCF	15:09	7:32			35	18	53				35	18	29				
MRX	7	Hoby Darling		14:30	14:11			29	29	58				29	29	30				
MRX	9	Mark Wilson	CF Costa M	14:26	DNF			28	30	58				28	30	30				
MRX	10	Sean Lake		14:32	DNF			30	30	60				30	30	32				
MRX	11	Jason Alexander	CF HB	14:33	DNF			31	30	61				31	30	33				
MRX	7	Joseph Villacorta	CF Costa M	14:59	DNF			32	30	62				32	30	34				
MRX	8	Matthew Walrath		15:01	DNF			33	30	63				33	30	35				
MRX	10	Richard Troung	CF South C	16:46	9:04			39	25	64				39	25	36				
MRX	10	Philip Oh	CF Laguna	16:15	DNF			38	30	68				38	30	37				
MRX	8	Mike Bilek	CF South C	17:19	14:04			41	28	69				41	28	38				
MRX	7	Matt Wright	CF South C	17:50	12:15			44	26	70				44	26	39				
MRX	7	Ryan Hunt	CF Monrovi	17:10	DNF			40	30	70				40	30	39				
MRX	7	Ryan Flanagan	OCCF & Ca	17:26	DNF			42	30	72				42	30	41				
MRX	10	Andrew Garcia	Canyon CF	17:38	DNF			43	30	73				43	30	42				
MRX	8	Brian Owen		DNF	13:28			47	27	74				47	27	43				
MRX	8	Kris Buckmaster	CF Monrovi	18:30	DNF			45	30	75				45	30	44				
MRX	7	Homer Maniago	Canyon CF	19:51	Sub			46	30	76				46	30	45				
MRX	9	Adam Acosta	CF 360	DNF	DNF			47	30	77				47	30	46				
MRX	7	Aris Gregorian	CF Monrovi	DNF	DNF			47	30	77				47	30	46				
MRX	8	Jared Wendell	OCCF	DNF	DNF			47	30	77				47	30	46				
MRX	8	Matt McLaren	Iron Edge C	DNF	DNF			47	30	77				47	30	46				
MRX	9	Aaron Cole	CF 714	15:01	NoShow			33	99	132				33	99	50				
MRX	8	Spencer Woodward	Canyon CF	15:56	NoShow			37	99	136				37	99	51				

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								Wod 1	Wod 2	Wod 1+2												Wod 3
MRX	8	Edward Slane	CF Brea	DNF	NoShow			47	99	146					47	99	52					
MRX	8	Jose Gomez	CF Brea	DNF	NoShow			47	99	146					47	99	52					
MRX	11	Josh Lane		DNF	NoShow			47	99	146					47	99	52					
MRX	9	Brian-2	US-CF	No-Card	No-Card			99	99	198					99	99	55					
MRX	8	Chris Worden	CF Costa M	No-Card	No-Card			99	99	198					99	99	55					
MRX	9	Gary Maddox	US-CF	No-Card	No-Card			99	99	198					99	99	55					
MRX	8	Jeff Welch	CF South C	No-Card	No-Card			99	99	198					99	99	55					
MRX	10	Jeremy Czapinski	US-CF	No-Card	No-Card			99	99	198					99	99	55					
MRX	10	Peter Danenberg	CF Monrovi	No-Card	No-Card			99	99	198					99	99	55					
MI	6	Aaron Morales	CF Inferno	13:14	6:24			2	2	4					2	2	1					
MI	6	Ryan Anderson	OCCF	13:55	6:17			4	1	5					4	1	2					
MI	9	Al Amato	CF 714	12:02	7:42			1	4	5					1	4	2					
MI	6	Don Ricci	CF LA	14:41	7:14			5	3	8					5	3	4					
MI	6	Mike Kosareff	OCCF	13:49	7:52			3	5	8					3	5	4					
MI	6	Eamom Sylvester		15:00	7:59			6	6	12					6	6	6					
MI	6	Michael Walsh	OCCF	15:20	8:00			7	7	14					7	7	7					
MI	6	Aaron Finigan		16:10	8:12			9	8	17					9	8	8					
MI	6	Ted Gray	CF Laguna	15:23	9:16			8	9	17					8	9	8					
MI	6	Mike Schinn	OCCF	17:27	10:10			11	10	21					11	10	10					
MI	6	Philip Adkins	OCCF	16:24	10:57			10	12	22					10	12	11					
MI	5	Michael Chough	OCCF	Sub	10:41			13	11	24					13	11	12					
MI	5	Steven Goodman	NLP	DNF	11:35			13	13	26					13	13	13					
MI	6	Ken Granger	CF South C	19:05	DNF			12	14	26					12	14	13					
MI	5	Bryce Brown	None	DNF	DNF			13	14	27					13	14	15					
MI	6	Josh Brakeffeld	Canyon CF	DNF	DNF			13	14	27					13	14	15					
MI	5	Bert Lyon	OCCF	DNF	Sub			13	14	27					13	14	15					
MI	5	Rick Paul	OCCF	DNF	Sub			13	14	27					13	14	15					
MI	5	Alan Diaz	OCCF	DNF	NoShow			13	99	112					13	99	19					
MI	5	Eric Yang	CF Brea	DNF	NoShow			13	99	112					13	99	19					
MI	5	Gilbert Buenrostro	CF Brea	DNF	NoShow			13	99	112					13	99	19					
MI	5	Julio Menchaca	CF Brea	DNF	NoShow			13	99	112					13	99	19					
MI	6	Adam Pearee	Canyon-CF	No-Card	No-Card			99	99	198					99	99	23					
MM	4	Bryan Leipper	CF Marina	11:57	6:45			1	2	3					1	2	1					
MM	4	Brian McIntyre		14:44	6:43			3	1	4					3	1	2					
MM	5	Scott Lawrence	CF Newport	12:26	7:15			2	3	5					2	3	3					
MM	4	Donald Murray	OCCF	15:09	7:15			4	4	8					4	4	4					
MM	4	Paul Kelly	CF Marina	16:40	8:04			6	6	12					6	6	5					
MM	4	Ron Gellis	NLP	DNF	7:50			8	5	13					8	5	6					
MM	4	John Mustafa	CF 360	19:26	8:52			7	7	14					7	7	7					
MM	4	Michael Asher	CF Marina	16:06	10:19			5	9	14					5	9	7					
MM	4	Mark Kozakowski	Canyon CF	DNF	9:45			8	8	16					8	8	9					
MM	4	Ray Bandong	Canyon CF	DNF	12:34			8	10	18					8	10	10					
MM	4	Bob Morgan		DNF	DNF			8	11	19					8	11	11					
MM	4	Jim Gleason	CF South C	DNF	DNF			8	11	19					8	11	11					
MM	4	Chip Jewitt	OCCF	DNF	Sub			8	11	19					8	11	11					

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								Wod 1	Wod 2	Wod 1+2	Wod 3	Wod 1+2+3								
WRX	3	Kelley Urbani	CF Balboa	11:00	7:32			1	1	2				1	1	1				
WRX	3	Zionna Munoz	NLP	11:53	8:02			3	2	5				3	2	2				
WRX	2	Janece Katona	NLP	12:31	9:03			5	4	9				5	4	3				
WRX	3	Linda Leipper	CF Marina	11:39	DNF			2	8	10				2	8	4				
WRX	3	Sarah Daum	CF Costa M	12:46	9:11			6	5	11				6	5	5				
WRX	3	Cyndi Frieling	Iron Edge C	12:30	DNF			4	8	12				4	8	6				
WRX	3	Aly Willier	US CF	18:54	8:52			12	3	15				12	3	7				
WRX	3	Robin Bodwin	CF Newport	16:20	11:08			9	6	15				9	6	7				
WRX	2	Lenka Urbanova	NLP	14:10	DNF			7	8	15				7	8	7				
WRX	3	Kate Hunt	CF Monrovi	16:07	DNF			8	8	16				8	8	10				
WRX	2	Jennifer Norton	CF 714	17:21	DNF			10	8	18				10	8	11				
WRX	3	Shannon Day	US CF	17:23	DNF			11	8	19				11	8	12				
WRX	3	Melisa Nelson	Canyon CF	DNF	11:47			14	7	21				14	7	13				
WRX	2	Jenae Welch	CF South C	19:28	DNF			13	8	21				13	8	13				
WRX	3	Erica Burles	US CF	DNF	DNF			14	8	22				14	8	15				
WRX	2	Helen Szkorla	CF South C	No Card	No Card			99	99	198				99	99	16				
WI	3	Monica Calhoun	CF Inferno S	13:42	8:12			1	1	2				1	1	1				
WI	2	Dawn Ross	CF Inferno S	13:43	12:00			2	3	5				2	3	2				
WI	1	Stacey Gregrow	CF South C	18:16	10:59			4	2	6				4	2	3				
WI	2	Olga Timofeeva	OCCF	18:58	12:39			5	4	9				5	4	4				
WI	1	Ruth Edwards	CrossFit 36	DNF	13:05			6	5	11				6	5	5				
WI	1	Erica Hanson	CF Costa M	DNF	13:18			6	6	12				6	6	6				
WI	2	Sheryl Condon	OCCF	16:39	Sub			3	9	12				3	9	6				
WI	1	Lindsay Longacre	OCCF	DNF	13:23			6	7	13				6	7	8				
WI	2	Lori Jark	CF 360	DNF	14:33			6	8	14				6	8	9				
WI	1	Bobbie Eftekar	CF Costa M	DNF	DNF			6	9	15				6	9	10				
WI	1	Lucy Brosche	CF South C	DNF	DNF			6	9	15				6	9	11				
WI	1	Nicolette Mullen	US CF	DNF	DNF			6	9	15				6	9	11				
WI	1	Danielle Maas	CF Monrovi	DNF	Sub			6	9	15				6	9	11				
WI	2	Sarah Nelson	CF Monrovi	DNF	Sub			6	9	15				6	9	11				
WM	1	Lisa Switzer	CF 714	DNF	10:36			1	15	16				1	15	1				
WM	1	Carmen Manrique	CF South C	DNF	Sub			1	16	17				1	16	2				